

## BAR SNACKS

**CHIPS & QUESO** ... 13 **GF**

**CRAB RANGOON (7)**

made fresh daily, fresh lump crab, sweet thai chili sauce ... 18 *limited quantity available*

**CHICKEN PARM EGG ROLLS**

crispy chicken, mozzarella, vodka sauce ... 18

**PRETZEL STICKS**

served with queso and grain mustard ... 18

**HUMMUS PLATTER** **GF**

purple cauliflower, cherry tomato, cucumber, carrot, pita ... 17

**NACHO BITES** **GF**

individual homemade tortilla chips, refried beans, homemade guac, chihuahua, sour cream ... 13

*(pulled chicken +5, grilled chicken +7, skirt steak +12\*)*

**HOLY LOADED** **GF**

choice of seasoned waffle fries or tots, topped with smoked chicken, queso, bacon, ranch ... 16

**QUESADILLAS (3)**

chihuahua, grilled flour tortilla, served with side of sour cream and pico ... 16

*(pulled chicken +5, grilled chicken +7, blackened shrimp +9, skirt steak +12\*)*

## FROM THE FRYER

**TRADITIONAL WINGS (8)** ... 18

**BONELESS WINGS (12)** ... 17

**CHICKEN TENDERS**

served with choice of waffle fries or tots ... 21

**CHOICE OF SAUCE**

traditional bbq, honey hot bbq, buffalo, honey sriracha, kill bill, hot hoisin, garlic parmesan, lemon pepper

## THEORY CLASSICS

**MAC + CHEESE FLATBREAD**

trust us, you'll love it ... 18

**TACO FLATBREAD**

*an ode to happy joes in iowa city*

chorizo, chihuahua, refried beans, pico de gallo, salsa verde, topped with lettuce and crushed doritos ... 20

**RICE BOWL**

white rice, carrots, green + red pepper, broccoli, onion, mushroom, hot hoisin sauce ... 16 *(grilled chicken +7, skirt steak +12\*)*

**RIGATONI ALLA VODKA**

rigatoni pasta, in house made vodka sauce, chili flakes, basil, mozzarella ... 21

## SALADS

**SOUTHWEST** **GF**

mixed greens, romaine, roasted corn, black beans, avocado, tortilla strips, pico ... 14

**MEDITERRANEAN**

mixed greens, romaine, kalamata olives, tomato, cucumber, red onion, feta, pita, side of hummus ... 17

**CAESAR** **GF**

romaine hearts, croutons, parmesan cheese ... 14

**DRESSING**

champagne vinaigrette, caesar, salsa ranch, ranch, bleu cheese, honey mustard, balsamic vinaigrette

**ADD-ON'S**

pulled chicken +5, grilled chicken +7, blackened shrimp +9, skirt steak +12\*  
*make it a wrap with fries +3*

## SANDWICHES & WRAPS

**SERVED WITH** a choice of seasoned waffle fries or tots *(substitute any side +2)*

**THEORY BURGER**

two flat top patties\*, american cheese, shredded lettuce, tomato, onion, pickle, brioche ... 17

*Sub cheese +1*

*(cheddar, merkt's cheddar, pepperjack)*

**GRILLED CALI WRAP**

grilled chicken, avocado, tomato, red onion, shredded lettuce, chipotle aioli, honey wheat wrap ... 18

**BUFFALO CHICKEN WRAP**

crispy or grilled chicken, buffalo, shredded lettuce, shredded cheddar, tomato, side of ranch, honey wheat wrap ... 18

**SPICY CHICKEN**

grilled chicken, grilled jalapeño, avocado, pepper jack, shredded lettuce, brioche ... 19

**HERKY CHEESESTEAK**

philly steak\*, onion, green pepper, merkt's cheddar, french loaf ... 24

## SLIDERS

**CHEESEBURGER (3)**

beef patty\*, merkt's cheddar, shredded lettuce, brioche ... 16

**BUFFALO CHICKEN (3)**

crispy chicken, buffalo ... 16

## SIDES

**WAFFLE FRIES** ... 6.5

**TOTS** ... 6.5

**SWEET POTATO FRIES** ... 7.5

**MAC + CHEESE** ... 7

**SIDE SALAD** ... 7

**BROCCOLI** ... 7

## DESSERTS

**COOKIE SKILLET**

served with two scoops of vanilla ice cream and chocolate sauce ... 13

**FRIED OREOS (5)**

better than your grandma's, served with vanilla ice cream ... 13