

APPETIZERS

CHIPS AND SALSA ... 4

CHIPS AND OUR HOMEMADE
GUACAMOLE ... 6

ANTIPASTO PLATE ... 12

a collection of meats, cheeses, fresh fruits
and artisan bread

♥ HUMMUS ... 6

traditional hummus served with fresh cut
vegetables and warm pita

TENDERS ... 8

choice of regular or buffalo style, served with
fries or tater tots and your choice of dipping
sauce: ranch, bbq, honey mustard

NACHO BITES ... 6

homemade tortilla chips topped with
guacamole, beans, chihuahua cheese, tomato,
red onion, sour cream and cilantro
your theory: add chicken ... 7
grilled steak ... 8

QUESADILLAS ... 7

melted chihuahua cheese, onions and peppers
in corn tortillas served with pico de gallo, salsa
verde, guacamole and sour cream
your theory: chicken ... 8 steak ... 10

BAKED MAC 'N CHEESE ... 7

with provolone and cheddar, topped
with bread crumbs

SHRIMP SCAMPI ... 10

sautéed shrimp in a garlic butter sauce
served over crostinis

CRAB DIP ... 10

a creamy combination of fresh crab meat,
roasted peppers and spinach served warm
with tortilla chips and pita

CALAMARI ... 9

breaded and served with a chipotle aioli
and marinara sauce

DA WINGS

single (7) ... 7 double (15) ... 12

wings tossed in your choice of traditional
buffalo or tangy bbq sauce served with
carrot and celery sticks with blue cheese
or ranch dressing

SLIDERS

minimum of 3 per order
(3) ... 9 (6) ... 16

benji's cheesesteak

with merkts cheddar, green pepper
and sautéed onions

cheeseburger

pulled pork

buffalo chicken

(grilled or breaded)

chicken parmesan

(grilled or breaded)

crab cake*

with pesto aioli

*\$1 extra per sandwich

SIDES

tater tots ... 3

fries ... 3

sweet potato fries ... 4

terra vegetable chips ... 3

♥ seasonal veggies ... 4

♥ side salad ... 3

SOUPS & SALADS

PROSCIUTTO SALAD ... 10

thinly sliced prosciutto with melon, shaved manchego cheese and baby greens tossed in a sun dried
tomato vinaigrette

♥ NICOISE ... 14

seared sushi grade tuna, hardboiled egg, edamame, fingerling potatoes, kalamata olives and capers
over bibb lettuce, served with your choice of dressing

♥ THE GOAT ... 11

walnut encrusted goat cheese over a bed of fresh spinach with candied walnuts, dried cranberries, grilled
pineapple and a low fat raspberry vinaigrette on the side

♥ THE CHOPPER ... 9

romaine, cucumbers, tomatoes, bacon, carrots, celery, red onion and bell peppers chopped and
served with your choice of dressing

SOUTHWEST ... 12

smoked and pulled chicken, roasted corn, black beans, fanned avocado and pico de gallo
over greens tossed in a salsa ranch dressing

♥ MEDITERRANEAN ... 10

kalamata olives, cucumbers, tomatoes, red onion, chickpeas and feta cheese over a bed of greens,
served with your choice of dressing

CAESAR ... 8

crispy romaine lettuce with shaved parmesan, homemade croutons and classic caesar dressing

YOUR THEORY: chicken (grilled or breaded) ... 3 shrimp (5) ... 4

SALAD DRESSING OPTIONS: fat free raspberry vinaigrette, ranch, blue cheese, salsa ranch,
balsamic vinaigrette, caesar, honey mustard, sundried tomato vinaigrette, herb vinaigrette (house)

SOUP

asparagus cup ... 3 bowl ... 5

corn chowder cup ... 3 bowl ... 5

SANDWICHES

All sandwiches served with a pickle spear and choice of fries, terra vegetable chips or tater tots.

sub a side of your choice for \$2. your theory: add american, bleu cheese, provolone, cheddar, merkts,
swiss, or mozzarella to any sandwich for 50¢

CAESAR WRAP ... 9

grilled chicken, romaine lettuce and parmesan
tossed with caesar dressing in a spinach wrap

♥ TURKEY WRAP ... 9

turkey, avocado, tomato, lettuce, swiss and bacon
with a honey dijon dressing in a whole wheat wrap

REUBEN PANINI ... 9

thinly sliced corned beef, melted swiss,
sauerkraut, 1000 island on marble rye

PESTO PANINI ... 10

grilled chicken, sun dried tomatoes, melted
provolone and romaine topped with a pesto
sauce grilled to perfection and served on
classic panini bread

ITALIAN PANINI ... 12

imported prosciutto, salamis, smoked mozzarella
and sundried tomato aioli on panini bread

THE CHEESEBURGER ... 12

homemade ½ pounder with all the trimmings and
your choice of cheese served on a pretzel bun

♥ TURKEY BURGER ... 10

as good as the real thing! ½ pound of lean
ground turkey with all the trimmings and your
choice of cheese served on a pretzel bun

THE CLUB ... 10

turkey, lettuce, tomato, bacon and mayo served
on toasted multi-grain bread

PULLED ... 10

pork shoulder smoked in our house smoker,
pulled, smothered in BBQ sauce and piled
high on a brioche bun served with lettuce,
tomato and onion

♥ GREEK CHICKEN ... 10

marinated and grilled chicken breast with
roasted red peppers, feta cheese and an olive
tapenade on pita

♥ CALI ... 10

marinated and grilled chicken with avocado,
tomato, onion and romaine served on your choice
of toasted multi-grain bread or pita

BBQ BRISKET PO BOY ... 10

house smoked beef brisket, sliced and served
on a french roll

EGGPLANT PARMESAN ... 9

lightly breaded eggplant with marinara and
mozzarella cheese on a french roll

♥ SEARED TUNA ... 14

seared sushi grade tuna, edamame puree topped
with an asian cucumber salad on a ciabatta bun

DELUXE GRILLED CHEESE ... 10

our favorite comfort food—made with cheddar,
provolone and swiss, topped with bacon, tomato,
grilled onion and avocado

ENTREES

all entrees served with side salad (except tacos)

BABYBACKS half slab ... 11 full slab ... 17

a house speciality, these top notch ribs are rubbed, smoked, and served with our house bbq sauce,
coleslaw and choice of side

TACOS your theory: veggie ... 7 chicken ... 9 steak ... 11 fish ... 11

three taqueria style tacos with tri-bell peppers, jalapeños, onions, cilantro and tomatoes served with
guacamole, sour cream, pico de gallo and salsa verde with warm corn tortillas

CRAB CAKES ... 10

our house recipe. two large lump crab cakes with a basil sauce, served with mixed greens

PIZZAS

MAKE YOUR OWN ... 11.50

12 inch cheese pizza

your theory (limit 3): 1.75 per item ... mushrooms
mixed bell peppers
jalapeños
garlic
red onion
black olives
tomatoes
artichoke hearts

3 per item ... sausage
pepperoni
bacon

DESSERT

carrot cake ... 5

coconut cream pie ... 5
mango sorbet ... 4

chocolate mousse tart ... 5

SPECIALTY DRINKS

STRAWBERRY MOJITO ... 8

bacardi dragonberry, fresh squeezed lime juice, simple syrup, mint leaves, and soda

BERRY LEMONADE ... 10

absolut citron vodka, lemonade, raspberry puree and a lemon wedge

ANGRY NERD ... 7

skyy citrus, red grapefruit juice, ginger ale, and fresh squeezed lime

ESPOLON MARGARITA ... 8

espolon tequila, lime juice, triple sec and sour

SANGRIA

GLASS ... 5 PITCHER ... 20

our own house blend on tap

JOHN DALY

GLASS ... 7 PITCHER ... 25

sweet carolina (sweet tea infused vodka) and lemonade, served over ice with a lemon slice

BEER

DRAFT BEER

bells oberon (seasonal) ... 5
blue moon ... 5
bud light ... 4
fat tire ... 5
goose island's 312 ... 5
guinness ... 6
leinenkugel (seasonal) ... 5
newcastle ... 5
sierra nevada (seasonal) ... 5
stella artois ... 5

victoria ... 5



DOMESTIC BOTTLES

16oz pbr cans ... 3
60 minute dogfishhead ... 7
bell's two hearted ale ... 6
budweiser ... 4
bud light ... 4
bud light golden wheat ... 4
bud light lime ... 4
coors light ... 4
flying dog old scratch lager ... 6
michelob ultra light ... 4
miller high life ... 4
miller lite ... 4
modelo especial (can) ... 4
sam adams light ... 5
shiner bock ... 5

IMPORT BOTTLES

amstel light ... 5
corona ... 5
corona light ... 5
delirium tremens ... 11
heineken ... 5
heineken light ... 5
hoegaarden ... 6
pacifico ... 6
peroni ... 5
strongbow cider ... 6

NON-ALCOHOLIC

o'doul's ... 4

WINES

RED

cosentino pinot noir/sonoma ... 10/34 bottle
hob nob pinot noir/france ... 8/28 bottle
napa cellars cabernet/napa ... 9/30 bottle
casa lapostolle cabernet sauvignon/chile ... 7/26 bottle
terrazas malbec/argentina ... 8/26 bottle

WHITE

iL moscato/italy ... 8/25 bottle
brancott sauvignon blanc/new zealand ... 9/29 bottle
rudi wiest rhein river riesling/germany ... 8/25 bottle
apaltagua chardonnay/chile ... 7/23 bottle
ferrari carano chardonnay/california ... 10/33 bottle
a-mano pinot grigio/italy ... 8/24 bottle
collovini pinot grigio/italy ... 10/33 bottle

SPARKLING WINE

mionetto prosecco ... 7 split
veuve champagne ... 18 glass
sergio rosé ... 33 bottle

DAILY SPECIALS

MONDAY

- ½ price bottles of wine
- ½ price salads (except nicoise salad)

TACO TUESDAY

- \$7 tacos—veggie, chicken or fish
- \$5 espolon margaritas
- \$4 victoria drafts

WEDNESDAY

- \$2 sliders (minimum 3 per order, \$1 extra for crab cake sliders)
- \$3 drafts
- \$5 jameson shots/drinks

THURSDAY

- \$5 burgers (until 8pm, dine in only)
- \$5 makers mark shots/drinks
- \$5 absolut cocktails (all flavors)

FRIDAY

- ½ price cheese pizzas
- \$4 22oz drafts of bud light
- \$6 skyy/monster bombs (all flavors)

SATURDAY

- ½ price appetizers (12pm–6pm)
- \$20 john daly pitchers
- \$5 effen black cherry cocktails

SUNDAY

- ½ price appetizers (11am–6pm)
- \$15 sangria pitchers
- \$16 domestic buckets

BOOK YOUR NEXT EVENT AT THEORY!

we can accommodate 20 to 150 guests.
food and drink packages available.

BEVERAGES

2.50 each

pepsi
diet pepsi
sierra mist
mug root beer
dr. pepper
diet dr. pepper
lipton unsweetened iced tea

♥ denotes heart healthy options

18% gratuity added for parties of 6 or more.
Reservations accepted for parties of 5 or more.

menu items subject to change.