

## APPETIZERS

CHIPS AND SALSA ... 4

CHIPS AND OUR HOMEMADE  
GUACAMOLE ... 6

ANTIPASTO PLATE ... 12

a collection of meats, cheeses, fresh fruits  
and artisan bread

♥ HUMMUS ... 6

traditional hummus served with fresh cut  
vegetables and warm pita

TENDERS ... 8

choice of regular or buffalo style, served with  
fries or tater tots and your choice of dipping  
sauce: ranch, bbq, honey mustard

NACHO BITES ... 6

homemade tortilla chips topped with  
guacamole, beans, chihuahua cheese, tomato,  
red onion, sour cream and cilantro  
your theory: add chicken ... 7  
grilled steak ... 8

QUESADILLAS ... 7

melted chihuahua cheese, onions and peppers  
in corn tortillas served with pico de gallo, salsa  
verde, guacamole and sour cream  
your theory: chicken ... 8 steak ... 10

BAKED MAC 'N CHEESE ... 7

with provolone and cheddar, topped  
with bread crumbs

SHRIMP SCAMPI ... 10

sautéed shrimp in a garlic butter sauce  
served over crostinis

CRAB DIP ... 11

a creamy combination of fresh crab meat,  
roasted peppers and spinach served warm  
with tortilla chips and pita

CALAMARI ... 9

breaded and served with a chipotle aioli  
and marinara sauce

DA WINGS

single (7) ... 7 double (15) ... 12

wings tossed in your choice of traditional  
buffalo or tangy bbq sauce served with  
carrot and celery sticks with blue cheese  
or ranch dressing

## SLIDERS

minimum of 3 per order  
(3) ... 9 (6) ... 16

benji's cheesesteak

with mercks cheddar, green pepper  
and sautéed onions

cheeseburger

pulled pork

buffalo chicken

(grilled or breaded)

chicken parmesan

(grilled or breaded)

crab cake\*

with pesto aioli

\*\$1 extra per sandwich

## SIDES

tater tots ... 3

fries ... 3

sweet potato fries ... 4

terra vegetable chips ... 3

♥ seasonal veggies ... 4

♥ side salad ... 3

## SOUPS & SALADS

PROSCIUTTO SALAD ... 10

thinly sliced prosciutto with melon, shaved manchego cheese and baby greens tossed in a sun dried  
tomato vinaigrette

♥ NICOISE ... 14

seared sushi grade tuna, hardboiled egg, edamame, fingerling potatoes, kalamata olives and capers  
over bibb lettuce, served with your choice of dressing

♥ THE GOAT ... 11

walnut encrusted goat cheese over a bed of fresh spinach with candied walnuts, dried cranberries, grilled  
pineapple and a low fat raspberry vinaigrette on the side

♥ THE CHOPPER ... 9

romaine, cucumbers, tomatoes, bacon, carrots, celery, red onion and bell peppers chopped and  
served with your choice of dressing

SOUTHWEST ... 12

smoked and pulled chicken, roasted corn, black beans, fanned avocado and pico de gallo  
over greens tossed in a salsa ranch dressing

♥ MEDITERRANEAN ... 10

kalamata olives, cucumbers, tomatoes, red onion, chickpeas and feta cheese over a bed of greens,  
served with your choice of dressing

CAESAR ... 8

crispy romaine lettuce with shaved parmesan, homemade croutons and classic caesar dressing

YOUR THEORY: chicken (grilled or breaded) ... 3 shrimp (5) ... 4

SALAD DRESSING OPTIONS: fat free raspberry vinaigrette, ranch, blue cheese, salsa ranch,  
balsamic vinaigrette, caesar, honey mustard, sundried tomato vinaigrette, herb vinaigrette (house)

SOUP

asparagus cup ... 3 bowl ... 5

corn chowder cup ... 3 bowl ... 5

## SANDWICHES

All sandwiches served with a pickle spear and choice of fries, terra vegetable chips or tater tots.

sub a side of your choice for \$2. your theory: add american, bleu cheese, provolone, cheddar, mercks,  
swiss, or mozzarella to any sandwich for 50¢

CAESAR WRAP ... 9

grilled chicken, romaine lettuce and parmesan  
tossed with caesar dressing in a spinach wrap

♥ TURKEY WRAP ... 9

turkey, avocado, tomato, lettuce, swiss and bacon  
with a honey dijon dressing in a whole wheat wrap

REUBEN PANINI ... 9

thinly sliced corned beef, melted swiss,  
sauerkraut, 1000 island on marble rye

PESTO PANINI ... 10

grilled chicken, sun dried tomatoes, melted  
provolone and romaine topped with a pesto  
sauce grilled to perfection and served on  
classic panini bread

ITALIAN PANINI ... 12

imported prosciutto, salamis, smoked mozzarella  
and sundried tomato aioli on panini bread

THE CHEESEBURGER ... 12

homemade ½ pounder with all the trimmings and  
your choice of cheese served on a pretzel bun

♥ TURKEY BURGER ... 12

as good as the real thing! ½ pound of lean  
ground turkey with all the trimmings and your  
choice of cheese served on a pretzel bun

PULLED ... 13

pork shoulder smoked in our house smoker,  
pulled, smothered in BBQ sauce and piled  
high on a brioche bun served with lettuce,  
tomato and onion

♥ GREEK CHICKEN ... 10

marinated and grilled chicken breast with  
roasted red peppers, feta cheese and an olive  
tapenade on pita

♥ CALI ... 10

marinated and grilled chicken with avocado,  
tomato, onion and romaine served on your choice  
of toasted multi-grain bread or pita

BBQ BRISKET PO BOY ... 10

house smoked beef brisket, sliced and served  
on a french roll

EGGPLANT PARMESAN ... 9

lightly breaded eggplant with marinara and  
mozzarella cheese on a french roll

♥ SEARED TUNA ... 14

seared sushi grade tuna, edamame puree topped  
with an asian cucumber salad on a ciabatta bun

DELUXE GRILLED CHEESE ... 10

our favorite comfort food—made with cheddar,  
provolone and swiss, topped with bacon, tomato,  
grilled onion and avocado

## ENTREES

all entrees served with side salad (except tacos)

BABYBACKS half slab ... 11 full slab ... 17

a house speciality, these top notch ribs are rubbed, smoked, and served with our house bbq sauce,  
coleslaw and choice of side

TACOS your theory: veggie ... 8 chicken ... 9 steak ... 11 fish ... 12

three taqueria style tacos with tri-bell peppers, jalapeños, onions, cilantro and tomatoes served with  
guacamole, sour cream, pico de gallo and salsa verde with warm corn tortillas

BBQ PLATTER ... 17

our smoked beef brisket, bbq pulled pork and bbq pulled chicken served with corn on the cob,  
baked beans and a roll

GNOCCHI ... 10 chicken ... 3 shrimp ... 5

gnocchi pasta served with asparagus, garlic, parmesan cheese, artichoke hearts and capers in a  
white wine butter sauce

## PIZZAS

### MAKE YOUR OWN ... 11.50

12 inch cheese pizza

**your theory** (limit 3): 1.75 per item ... mushrooms  
mixed bell peppers  
jalapeños  
garlic  
red onion  
black olives  
tomatoes  
artichoke hearts

3 per item ... sausage  
pepperoni  
bacon

## DESSERT

carrot cake ... 5

coconut cream pie ... 5  
mango sorbet ... 4

chocolate mousse tart ... 5

## SPECIALTY DRINKS

### STRAWBERRY MOJITO ... 8

bacardi dragonberry, fresh squeezed lime juice, simple syrup, mint leaves, and soda

### BERRY LEMONADE ... 10

absolut citron vodka, lemonade, raspberry puree and a lemon wedge

### ANGRY NERD ... 7

skyy citrus, red grapefruit juice, ginger ale, and fresh squeezed lime

### ESPOLON MARGARITA ... 8

espolon tequila, lime juice, triple sec and sour

### SANGRIA

GLASS ... 5 PITCHER ... 20

our own house blend on tap

### JOHN DALY

GLASS ... 7 PITCHER ... 25

sweet carolina (sweet tea infused vodka) and lemonade, served over ice with a lemon slice

## BEER

### DRAFT BEER

bells oberon (seasonal) ... 5  
blue moon ... 5  
bud light ... 4  
fat tire ... 5  
goose island's 312 ... 5  
guinness ... 6  
leinenkugel (seasonal) ... 5  
newcastle ... 5  
sierra nevada (seasonal) ... 5  
stella artois ... 5

**victoria ... 5**



### DOMESTIC BOTTLES

16oz pbr cans ... 3  
60 minute dogfishhead ... 7  
bell's two hearted ale ... 6  
budweiser ... 4  
bud light ... 4  
bud light golden wheat ... 4  
bud light lime ... 4  
coors light ... 4  
flying dog old scratch lager ... 6  
michelob ultra light ... 4  
miller high life ... 4  
miller lite ... 4  
modelo especial (can) ... 4  
sam adams light ... 5  
shiner bock ... 5

### IMPORT BOTTLES

amstel light ... 5  
corona ... 5  
corona light ... 5  
delirium tremens ... 11  
heineken ... 5  
heineken light ... 5  
hoegaarden ... 6  
pacifico ... 6  
peroni ... 5  
strongbow cider ... 6

### NON-ALCOHOLIC

o'doul's ... 4

## WINES

### RED

cosentino pinot noir/sonoma ... 10/34 bottle  
hob nob pinot noir/france ... 8/28 bottle  
napa cellars cabernet/napa ... 9/30 bottle  
casa lapostolle cabernet sauvignon/chile ... 7/26 bottle  
terrazas malbec/argentina ... 8/26 bottle

### WHITE

iL moscato/italy ... 8/25 bottle  
brancott sauvignon blanc/new zealand ... 9/29 bottle  
rudi wiest rhein river riesling/germany ... 8/25 bottle  
apaltagua chardonnay/chile ... 7/23 bottle  
ferrari carano chardonnay/california ... 10/33 bottle  
a-mano pinot grigio/italy ... 8/24 bottle  
collovini pinot grigio/italy ... 10/33 bottle

### SPARKLING WINE

mionetto prosecco ... 7 split  
veuve champagne ... 18 glass  
sergio rosé ... 33 bottle

## DAILY SPECIALS

### MONDAY

- ½ price bottles of wine
- ½ price salads (except nicoise salad)

### TACO TUESDAY

- \$7 tacos—veggie, chicken or fish
- \$5 espolon margaritas
- \$4 victoria drafts

### WEDNESDAY

- \$2 sliders (minimum 3 per order, \$1 extra for crab cake sliders)
- \$3 drafts
- \$5 jameson shots/drinks

### THURSDAY

- \$5 burgers (until 8pm, dine in only)
- \$5 makers mark shots/drinks
- \$5 absolut cocktails (all flavors)

### FRIDAY

- ½ price cheese pizzas
- \$4 22oz drafts of bud light
- \$6 skyy/monster bombs (all flavors)

### SATURDAY

- ½ price appetizers (12pm–6pm)
- \$20 john daly pitchers
- \$5 effen black cherry cocktails

### SUNDAY

- ½ price appetizers (11am–6pm)
- \$15 sangria pitchers
- \$16 domestic buckets

## BOOK YOUR NEXT EVENT AT THEORY!

we can accommodate 20 to 150 guests.  
food and drink packages available.

## BEVERAGES

2.50 each

pepsi  
diet pepsi  
sierra mist  
mug root beer  
dr. pepper  
diet dr. pepper  
lipton unsweetened iced tea

♥ denotes heart healthy options

18% gratuity added for parties of 6 or more.  
Reservations accepted for parties of 5 or more.

menu items subject to change.